

New York Labor Health Care Alliance

10th Annual

Benefit Seminar & Golf Tournament

Resorts World Catskills, NY

October 9, 2025

The NY Labor Health Care Alliance was founded in 1993 as a purchasing cooperative that negotiates on behalf of member funds, preferred pricing for health care and related benefits. The Alliance currently has over 70 member funds representing over 200,000 lives and growing!

Your firm is cordially invited to attend the 10th Annual NYLHCA Benefit Seminar and Golf Tournament. With the help of friends like you, the NYLHCA will be able to invite over 150 fund administrators, trustees and union officials at no cost to them. Needless to say, this will be a great opportunity to see some old friends and meet some new ones at a wonderful venue in the Catskills, NY. The schedule is as follows (all located in the Epicenter):

Thursday, October 9, 2025

Located in the Epicenter

| | |
|---------------------|---|
| 7:00 am – 7:45 am | Registration & Breakfast |
| 7:45 am – 12:00 pm | Benefit Seminar |
| 12:00 pm – 12:30 pm | Box lunches will be served |
| | Golfers: Shuttle service will begin at the Alder Resort (attached to Resorts World) at noon and will run continuously until golf is over |
| 12:30 pm – 1:00 pm | Golf Registration at Monster Golf Course |
| 1:00 pm – 5:45 pm | Shotgun start at the Monster Golf Course, <u>OR</u> if you are not a golfer, a voucher will be provided for the spa or other services at the resort (excluding gambling). You are responsible for making your spa reservation |

Golfers will have time to change before dinner & locker rooms are available if needed

| | |
|-------------------|--|
| 6:30 pm – 7:30 pm | Hors D'Oeuvres |
| 7:30 pm – 9:30 pm | Dinner, awards, prizes, comedian, and lifetime achievement award presented to Patty Readhead |

Hotel Information

Resorts World is located at 888 Resorts World Drive, Monticello, NY 12701. We have a group rate of \$259 for a king room or \$299 with two queen beds, both located in the tower. Please make your reservations by calling 833-586-9358, supplying them with our **booking ID 2542**, or going to www.rwcatskills.com, click "book now," and entering code **2542**.

Again, space is limited, and all rooms will be released on **Monday, September 15, 2025**.

Space for golf and resort accommodation is limited. Make sure to register today!

Registration Form

☐ **Platinum \$2,250**

A Platinum sponsor will receive attendance for four to the educational seminar, golf, reception & dinner, a full-page ad in our ad book & tee sign on the golf course.

☐ **Gold \$1,300**

A Gold sponsor will receive attendance for two to the educational seminar, golf, reception & dinner, a full-page ad in our ad book & tee sign on the golf course.

☐ **Silver \$ 800**

A Silver sponsor will receive attendance for two to the educational seminar, reception & dinner, a half-page ad in our ad book, & tee sign on the golf course.

☐ **Booth \$ 650**

This is in addition to the sponsorship levels above. Your firm will have a 6' booth set up during the seminar and throughout the dinner reception. *Space is limited!*

- ☐ **Golf give-away**—We will supply all seminar attendees with a bag. If you would like to donate items for the bag or items for the golf tournament, contact Stephen O'Sick at sosick@nylhca.org.

Company Name: _____

Contact name & phone: _____

Company Address: _____

Email: _____ Total Sponsorship \$ _____

| | Names: | Seminar | Golf or Spa | | Dinner Reception |
|---|--------|---------|-------------|--|------------------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |

Please 'x' all applicable boxes for attendance and email to sosick@nylhca.org

Payments can be made via check payable to NYLHCA & mailed to 890 3rd St., Albany, NY 12206

If you would like to pay via credit card, please contact Stephen O'Sick for an invoice

*Please send a color 5x7 portrait JPEG or PDF message for the ad book by **September 19, 2025** to sosick@nylhca.org*

2025 NYLHCA BENEFIT SEMINAR
October 9, 2025

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|-----------------|--|
| PROGRAM: | EPICENTER |
| 7:00 am | Registration / Breakfast |
| 7:45 am | Opening Remarks: Richard Brooks NYLHCA President; Stephen O'Sick, CEBS Executive Director NYLHCA |
| 8:00 am | Healthy Choices to Improve Wellness This session will focus on the connection that healthy choices, good nutrition and support programs have with improving the wellness of your members. <i>Speaker: Kelly Springer, Founder, Kelly's Choice</i> <i>Moderator: Todd Helfrich, President and CEO, Eastern Contractors Association, Inc. President & Chair, International Foundation of Employee Benefit Plan</i> |
| 8:45 am | Cost Containment Discussion This session will provide insights on the latest cost containment initiatives that employers are using to manage their health care spend/Rx spend and improve efficiency and outcomes. Engage in discussion with your colleagues about: <ul style="list-style-type: none">▪ Innovative strategies▪ Point solutions▪ Best practices▪ Lessons learned <i>Speakers: Travis R. Smith, President, Health Care Division, Foster & Foster & Eric Cionka, Senior Pharmacy Consultant, Foster & Foster</i> <i>Moderator: Michael P. Brady, Administrator, Laborers' Local 157 Benefit Funds</i> |
| 10:00 am | Break |
| 10:15 am | Understanding the Economic, Legislative and Regulatory Climate This session is designed to help you understand how the current economic, legislative and regulatory environment is impacting employee benefits. <i>Speakers: Dan Brice, Partner and Co-Chair, Blitman & King LLP & Marc Fisher the man at Graystone Consulting</i> <i>Moderator: Thomas P. DeRoche, Director of Educational Programs, International Foundation of Employee Benefit Plans</i> |
| 11:15 am | Identity Theft It is not if, it's when will your Fund's data (including your participants information) be compromised. This session will focus on identity theft in today's AI world: <ul style="list-style-type: none">▪ Prevalence and prevention▪ Response▪ Protecting your fund while supporting your members▪ Best practices and coverages <i>Speakers: Tina Fletcher, President, Ullico Casualty Group & Nick Williams, ID Solutions</i> <i>Moderator: Stephen J. O'Sick, CEBS, Executive Director, New York Labor Health Care Alliance, Albany, New York</i> |
| 11:45 am | NYLHCA update & closing remarks |
| 12:00 pm | Lunch provided |
| 12:30 pm | Golf Registration – Monster Golf Course - Shuttle service will begin at noon at the Alder Resort (attached to Resorts World) and run continuously until golf is over. |
| 1:00 pm | Shotgun start – Monster Golf Course |

(Golfers will have time to change for reception/dinner – locker rooms are available if needed)

Located in Epicenter -Business Casual Attire Please-

7:00 p.m. Hors d'oeuvres
8:00 p.m. Reception / Dinner